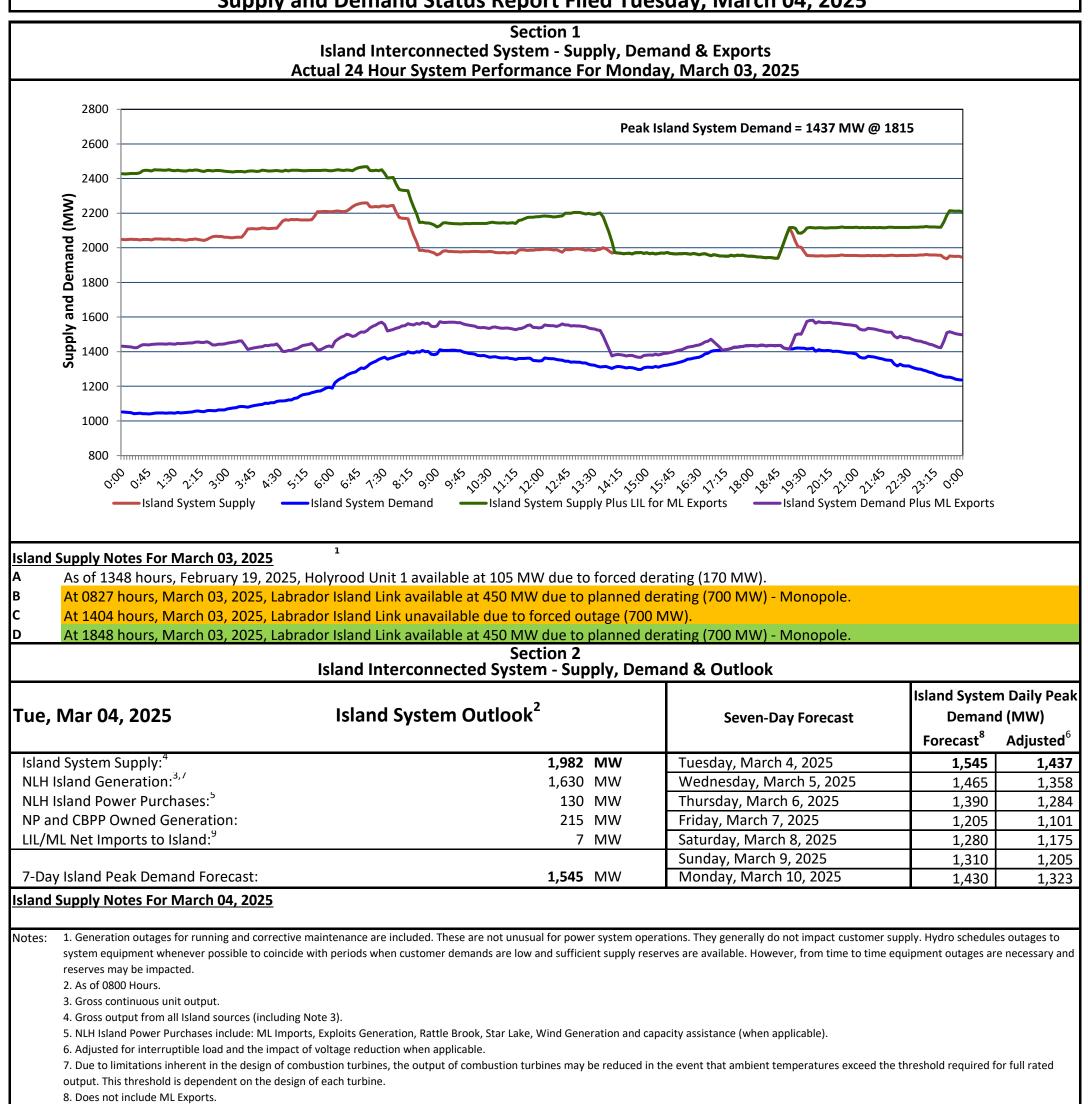
Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Tuesday, March 04, 2025



9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Island Peak Demand and Exports Information Previous Day Actual Peak and Current Day Forecast Peak			
Mon, Mar 03, 2025	Island Peak Demand ¹⁰	18:15	1,437 MW
	Exports at Peak		0 MW
	LIL Net Imports to Island		1,561 MWh
Tue, Mar 04, 2025	Forecast Island Peak Demand		1,545 MW